

## Allergy Immunology & Asthma Medical Group, Inc.

The medications listed below must be stopped prior to skin testing. Please review this list and locate any medications you are currently taking and stop them for the period of time indicated. Please be aware many over-the-counter medications have antihistamine and would interfere with the skin testing.

*If you have any questions about a medication or if you feel you cannot safely stop the medication please call the office at (209) 951-5353.*

\*\* If you cannot withhold your medication prior to your visit \*\*

**DO NOT RESCHEDULE YOUR APPOINTMENT**

Stop 24 hours prior to testing	Stop 72 hours prior to testing	Stop 7 days prior to testing
<u>Antacids</u> -Axit (nizatidine) -Tagamet (cimetidine) -Pepcid (famotidine) -Zantac (ranitidine)	STOP all Allergy, Cold, Cough or Sinus meds or any med that contain antihistamines  -Actifed -Advil PM -Activert -Bonine -Bromfed (brompheniramine bromax) -Benadryl (diphenhydramine) -Chlor Trimeton (chlorpheniramine) -Deconamine -Dramamine -Excedrin PM -Meclizine -Naldecon -Pannaz -PBZ -Periactin -Phenergan -Poly Histine, Poly Histine D -Promethazine -Rynatan  <u>Asthma meds</u> OK to use prior to your visit	-Adapin -Advil Allergy -An-Chew -Alavert -Allegra -Allegra D -Allerhist -Allertan -Allerx -Amitriptyline -Amafranil -Asendin -Atarax -Atrohist -Avientyl -BC Cold -Bentyl -Benztropine -Biohist -Carbinoxamine -Cetirizine -Claritin -Clarinex (desloratadine) -Clarinet D -Clemastine -Clomipramine -Cogentin -Comtrex -Contact -Coricidin -Cyproheptadine -Dayquil -Desipramine -Dimetapp -Doxepin -Dramamine -Drixoral -Durahist -Durotan -Duravent -Dytan -Elavil -Etralon -Exendryl -Exofenadine -Hydroxyzine -Imipramine -Limbitor -Lodrane -Loratadine -Ludomil -Marezine -Mirazapine -Norpramin -Nortriptyline -Nyquil -Pamelor -Pedicare -Pediaran -Poly Hist -Protriptyline -Remeron -Rescon -Risperidone -Risperdal
<u>Nasal Sprays</u> Nasal Sprays are OK to use EXCEPT Astelin, Azelastine, Patanase, Astepro or Dymista	Stop Astelin, Patanase, Astepro , Dymista at least 48 hours prior to your visit	-Robitussin Cough -Cold & Allergy -Rondec -Rutuss -Ryna -Ryneze -Seroquel (Quetiapine) -Sinequan -Singlet -Sominex -Surmontil -Tacyal -Tandur -Tavist -Temaril -Theraflu -Tofranil -Triavil -Trimipramine -Vicks -Vivactil -Zonalon -Zyrtec (setirizine) -Zyrtec D (Levocabetizine)
		* All COLD & NIGHTTIME meds
		Patch Testing Stop oral steroids for 30 days prior to visit (i.e. prednisone/prednisolone, medrol)